

Polarization in Politics and Policies

Are you ready to explore together how we can transform the challenges of political polarization into opportunities for dialogue and collaboration?

Focusing on the escalating issue of polarization in politics and public policy, we aim to explore tools and perspectives to understand and respond to. The goal is not only to comprehend some theoretical aspects but also to recognize how political polarization concretely impacts daily life and social dynamics in our societies.

We will practice active listening to enhance our capacity to appreciate diverse political viewpoints, reducing the tendency toward stereotyping opposing groups within political landscapes. The ultimate objective is to foster active and conscious citizenship, capable of building bridges rather than walls, and to seek common ground beyond polarized narratives.

Workshop: “The Six Thinking Hats”

“The Six Thinking Hats” methodology is a parallel thinking process that encourages to explore a problem from distinct perspectives, transform conflict and promote mutual understanding. It is a powerful tool that fosters comprehensive, balanced, and empathetic thinking across divergent viewpoints. By requiring participants to adopt different thinking styles deliberately and sequentially, it holds particular promise for responding to political polarization. Its structured, role-based approach can mitigate polarization by encouraging participants to explore all facets of an issue, thus promoting constructive dialogue and innovative solutions. It helps break down rigid mental patterns and opens space for collaborative problem-solving, which is crucial in politically polarized environments.